

# SEPTEMBER 2026

SANDS CISD

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Monday

Tuesday

Wednesday

Thursday

Friday

Honey Bun, Cheese Stick,  
Fruit, Fruit Juice, Milk\*\*

1

BBQ on Bun, Corn,  
Green Beans, Diced Pears,  
Milk Variety

PB&J, Cheese Stick,  
Fruit, Fruit Juice, Milk\*\*

2

Meat & Cheese Chalupa,  
Refried Beans, Salad, Salsa,  
Mixed Fruit, Pudding, Milk Variety

Muffin, Yogurt, Fruit,  
Fruit Juice, Milk\*\*

3

Hamburger Choice,  
Steamed Broccoli, Tomato Cup,  
Apple Slices, Milk Variety

Breakfast Pizza, Fruit,  
Fruit Juice, Milk\*\*

4

Grilled Cheese,  
Fresh Veggie Cup, Tater Tots,  
Orange Smiles, Milk Variety

Stuffed Bagel, Fruit,  
Fruit Juice, Milk\*\*

8

Frito Pie, Pinto Beans,  
Fresh Veggie Cup, Grapes,  
Milk Variety

Sausage Kolache,  
Cheese Stick, Fruit,  
Fruit Juice, Milk\*\*

9

Steak Fingers, Peppered Gravy,  
Green Beans, Seasoned Corn,  
Diced Peaches, Milk Variety

Sausage Biscuits, Fruit,  
Fruit Juice, Milk\*\*

10

Boneless Wings, Chips, Celery  
Sticks, Baby Carrots, Mixed  
Fruit, Milk Variety

Muffin, Yogurt, Fruit,  
Fruit Juice, Milk\*\*

11

Cheesy Breadsticks,  
Steamed Broccoli, Marinara  
Sauce, Applesauce,  
Milk Variety

Waffles, Yogurt, Fruit,  
Fruit Juice, Milk\*\*

14

Crispy Chicken Sandwich,  
Fresh Veggie Cup, Salad,  
Chilled Pineapples, Milk Variety

Breakfast Pizza, Fruit,  
Fruit Juice, Milk\*\*

15

Nacho Grande, Refried Beans,  
Sliced Cucumbers,  
Apricots, Milk Variety

Breakfast Bread, Yogurt,  
Fruit, Fruit Juice, Milk\*\*

16

Asian Bowl, Egg Roll,  
Steamed Broccoli,  
Seasoned Corn,  
Mandarin Oranges, Milk Variety

French Toast, Yogurt, Fruit,  
Fruit Juice, Milk\*\*

17

Pizza Choice, Baby Carrots,  
Savory Green Beans,  
Mixed Fruit, Milk Variety

Breakfast Sandwich, Fruit,  
Fruit Juice, Milk\*\*

18

Corndog Minis, Tater Tots,  
Tomato Cup, Orange Smiles,  
Milk Variety

Sausage Kolache,  
Cheese Stick, Fruit,  
Fruit Juice, Milk\*\*

21

Sloppy Joe Sandwich, Salad,  
California Blend Veggies,  
Diced Peaches, Milk Variety

PB&J Sandwich,  
Cheese Stick, Fruit,  
Fruit Juice, Milk\*\*

22

Tex-Mex Stack, Pinto Beans, Baby  
Carrots, Salsa, Diced Apples,  
Ice Cream, Milk Variety

French Toast, Yogurt, Fruit,  
Fruit Juice, Milk\*\*

23

Country Fried Steak, Peppered  
Gravy, Mashed Potatoes,  
Savory Green Beans, Grapes,  
Milk Variety

Breakfast Burrito, Fruit, Fruit  
Juice, Milk\*\*

24

Popcorn Chicken, Roll,  
Seasoned Corn,  
Crunchy Broccoli Salad,  
Apple Slices, Milk Variety

Cereal, Fruit, Fruit Juice,  
Milk\*\*

25

Hot Dog, Oven Fries,  
Tomato Cup, Fruity Gelatin,  
Milk Variety

Honey Bun, Cheese Stick,  
Fruit, Fruit Juice, Milk\*\*

28

Hamburger/Cheeseburger,  
Tater Tots, Salad, Diced Pears,  
Milk Variety

Muffin, Yogurt, Fruit, Fruit  
Juice, Milk\*\*

29

Meat & Cheese Chalupa,  
Refried Beans, Seasoned Corn,  
Rosy Applesauce, Milk Variety

Mini-Pancakes, Yogurt,  
Fruit, Fruit Juice, Milk\*\*

30

BBQ on Bun, Chips,  
Baby Carrots,  
Sliced Cucumbers, Mixed Fruit,  
Milk Variety



NO SCHOOL  
LABOR DAY

SEPTEMBER 7<sup>th</sup>, NO SCHOOL

Water offered at Breakfast and Lunch  
Variety of fruit offered to High School at lunch